



KOLOB CANYON
RESIDENTIAL TREATMENT CENTER

2020 Adventure Schedule

January

- 1/1 No Activity (Holiday)
- 1/8 Therapy Day; DBT Self-Soothe Kits
- 1/14-16 Ice Skating and Cross-Country Skiing at Bryce Canyon National Park; Ruby's Inn
- 1/22 Snowshoeing at Deer Hollow
- 1/29 Ski/Snowboard Day at Brian Head

February

- 2/5 Equine Day
- 2/12 Academic Day; Southern Utah Art Museum Tour
- 2/19 Hiking at Anasazi Trail and Cottonwood Cove Park
- 2/25 & 26 Ski/Snowboard Days at Brian Head

March

- 3/4 Service Day/Best Friends Animal Sanctuary
- 3/11 Therapy Day; Making A Difference in the World
- 3/18 Hiking at Snow Canyon Overlook Trail
- 3/24-26 Hiking, Camping and Exploring at Arches National Park

April

- 4/1 Equine Day
- 4/8 Academic Day: Poetry Slam
- 4/14-16 Hiking, Camping and Exploring at Zion National Park
- 4/22 Therapy Day; Climbing
- 4/29 Hiking at Zion National Park, East Northgate Peaks Trail

May

- 5/6 Service Day/Best Friends Animal Sanctuary
- 5/13 Therapy Day; Anasazi Petroglyphs Hike
- 5/19-21 Hiking, Camping and Exploring at Goblin Valley State Park
- 5/27 Water Hike at Red Cliffs Recreation Area

June

- 6/3 Equine Day
- 6/10 Academic Day; Ancient Warfare games
- 6/16-18 Hiking and Paddle Boarding and Exploring at Tropic Reservoir
- 6/24 Paddle Boarding and Cliff Jumping at Gunlock Reservoir

July

- 7/1 Service Day/Best Friends Animal Sanctuary
- 7/8 Paddle Boarding and Cliff Jumping at Sand Hollow State Park
- 7/15 Program Day; Paddle Boarding at Gunlock
- 7/19-22 Rafting the Colorado River at Moab
- 7/29 Therapy Day

August

- 8/5 Equine Day
- 8/12 Academic Day; Shakespeare Day at Southern Utah University
- 8/18-20 Camping and Paddle Boarding at Otter Creek State Park
- 8/26 Water Hike at Kanarrville Falls

September

- 9/2 Service/Best Friends Animal Sanctuary
- 9/9 Therapy Day; Me and Music
- 9/15-17 Hiking, Camping and Exploring at North Rim Grand Canyon National Park
- 9/23 Hiking at Cedar Breaks National Monument
- 9/30 Hiking at Navajo Lake

October

- 10/7 Equine Day
- 10/13-15 Hiking and Exploring the East Side of ZNP at East Zion Lodge
- 10/21 Frisbee Golf at 3-Peaks Recreation Area
- 10/28 Halloween Party

November

- 11/4 Service Day/Best Friends Animal Sanctuary
- 11/11 Therapy Day Gratitude Tree and Ther-a-pie
- 11/18 Academic Day; Titanic/Bodies exhibit Las Vegas
- 11/25 Hiking at Chuckwalla Trail and Cottonwood Cove Park

December

- 12/2 Equine Day
- 12/9 Snow Day Activities
- 12/16 Academic Day; Christmas Around the World
- 12/23 Program Holiday Activities
- 12/30 Program Holiday Activities

**Note: Additional equine therapy sessions are scheduled throughout the month with our certified Equine Director and clinical team.*



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2020 Parent Seminar/ Workshop Schedule

*** Parent Seminar Schedule will follow this general schedule.
Specific activities and instructions will be emailed prior to the seminar.

Thursday, Friday and Saturday February 13th, 14th & 15th 2020

Location: Kolob Canyon
New Harmony, Utah
Teacher Conferences

Thursday, Friday and Saturday April 30th, May 1st & 2nd 2020

Location: Kolob Canyon
New Harmony, Utah
Teacher conferences

Sunday, Monday, Tuesday, & Wednesday July 30th & 31st, August 1st 2020

*** This is Family Weekend. Siblings & Grandparents are welcome and encouraged!!*

Location: Kolob Canyon
New Harmony, Utah
Teacher conferences

The Shakespeare Festival is in swing in Cedar City. Make your motel reservations early and stay longer to enjoy this Tony Award winning drama series!

Thursday, Friday and Saturday October 8th, 9th & 10th 2020

Location: Zion National Park
Springdale, Utah
No Teacher conferences

Typical Schedule

Thursday

8:45 a.m. Arrive on campus
9:00 Begin Seminar
9:30-5 p.m. Seminar sessions and activities
(lunch included)
5:00-8:30 p.m. On/Off Campus time with Family

Friday

8:45 a.m. Arrive on campus
9:00 Begin Seminar
10:00 Experiential Therapy
12 - 3 Off campus lunch
(eligibility determined with therapist)
3-5 On Campus sessions and activities
(as well as overnights determined by Treatment team and therapist)
5:00-8:30 p.m. On/Off Campus time with Family

Saturday

9 a.m. Group Recreation Activity, On or off campus
12 - 3 Off campus lunch
(eligibility determined with therapist)
5-8:30 p.m. On/Off Campus time with Family

No November or December Seminar due to the Holidays

We recommend making travel plans early...especially if you are flying into Las Vegas, as national conferences and sporting events sometimes make it difficult to obtain reasonable flights and/or rental car reservations. There are also flights from Salt Lake City to either Cedar City or St. George and flights from L.A. to St. George. Motels are available in both Cedar City and St. George. Cedar City is about a 20- minute drive from campus while St. George is approximately 50 minutes away. Some families have elected to stay nearer to Zion National Park in the picturesque town of Springdale, which is about one hour from campus.

Cedar City Hotels

There are several hotels in Cedar City that will give us their corporate rate. Please let us know if you'd like our current list of hotel options & discounts.

We look forward to seeing all of our families!

Any questions, scheduling, privileges or preparation concerns?

Contact Tiffany Neibaur, Program Director at 435-590-5727

Admissions: Wendy Penrod 435-704-7191